

## English-language abstracts

### **Strategic health policies of the Attica Region to fight the pandemic**

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The COVID-19 pandemic has brought to the surface many structural problems but also many opportunities, since it was considered by International Economic Organizations such as the OECD as a window of opportunity. The globalized society with the wide range of the market, the free movement of goods and people combined with advanced technology has contributed to the economic development of countries. At the same time, it has led the world to a spatiotemporal compression, making society more vulnerable to the spread of diseases. However, the outbreak and control of a pandemic requires a new global cooperation at an advanced International, National and Regional level. Accordingly, this cooperation requires a new form of multi-level organisation and governance between the various health policy bodies. The Region of Attica in collaboration with the Athens Medical Association has developed a series of health actions and policies, faithfully following the international standards of the World Health Organization and the European Organization for disease prevention and control (ECDC). The main objective of these policies was to formulate an effective public health strategy for the mitigation and management of the pandemic crisis, assisting the state at institutional, legal, social, economic and healthcare level.

**Keywords:** Globalization, Multilevel Governance, COVID-19 Pandemic, Region Of Attica, Athens Medical Association.

### **The psychological effects and the underground economy as parameters of social influence during the COVID-19 pandemic**

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This article presents the conclusions of a recent research that studies and analyses, a perspective on the psychological impact of COVID-19 on the general population and the various interventions created, for its psychological support, as well as the cases of underground economy that occurred at that time. The COVID-19 pandemic has brought about serious economic and social consequences. Recent research shows that the pandemic, in addition to the crisis of physical health, has caused a plethora of psychological and mental crises. Furthermore, there have been cases of underground economy in basic goods. The research is a collective study of a special team that was set up at by the Attiki Region Operations Center in collaboration with the Athens Medical Association. For the collection of data, an electronic recording was carried out, by 1110 of the Operations Center, of all calls and analysis of individual calls related to the psychological effects and the phone calls related to underground economy. The study cites statistics and offers an extensive conceptual analysis of how individual mental health and business behaviours within the social context of lifestyle were affected, in the era of the COVID-19 pandemic.

**Keywords:** Pandemic, Psychological Effects, Profiteering, Covid-19.